



House Athletics - Yr 3-6

As part of the Physical Education program, students in Yr 3-6 will be participating in House Athletics. This will also act as trials for the District Athletics carnival next term.

Date:	Friday, 24 March 2023																
Venue:	Cranbourne South Primary School oval																
Schedule:	Please note that the event organiser has the discretion to change the schedule and these times are only a guide.																
Age Groups: 12/13yr olds (2010, 2011) 11 yr olds (2012) 9/10 yr olds (2013, 2014 & any Yr 3 students born in 2015)	<table border="1"> <thead> <tr> <th>Time: <i>Star/Finish (approximately)</i></th> <th>Event:</th> </tr> </thead> <tbody> <tr> <td>8.30am</td> <td>Volunteers Briefing</td> </tr> <tr> <td>9.05am - 10.40am</td> <td>Track events - Sprints & Hurdles</td> </tr> <tr> <td>10.40am - 11.25am</td> <td><i>BREAK 1</i></td> </tr> <tr> <td>11.25am - 1.05pm</td> <td>Field events - Each age group will complete events: High Jump, Long Jump, Discus and Shot Put</td> </tr> <tr> <td>1.05pm - 1.50pm</td> <td><i>BREAK 2</i></td> </tr> <tr> <td>1.50pm - 3:00pm</td> <td>Field events - Each age group will complete events: High Jump, Long Jump, Discus and Shot Put</td> </tr> <tr> <td>3:00pm - 3.30pm</td> <td>Ribbon presentation & Overall House Points (if time permits)</td> </tr> </tbody> </table>	Time: <i>Star/Finish (approximately)</i>	Event:	8.30am	Volunteers Briefing	9.05am - 10.40am	Track events - Sprints & Hurdles	10.40am - 11.25am	<i>BREAK 1</i>	11.25am - 1.05pm	Field events - Each age group will complete events: High Jump, Long Jump, Discus and Shot Put	1.05pm - 1.50pm	<i>BREAK 2</i>	1.50pm - 3:00pm	Field events - Each age group will complete events: High Jump, Long Jump, Discus and Shot Put	3:00pm - 3.30pm	Ribbon presentation & Overall House Points (if time permits)
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What to wear:	<ul style="list-style-type: none"> Students are encouraged to wear their house colours for the day. Students must have appropriate footwear. Please ensure students have appropriate wear depending on the weather eg: a change of clothes, a warm jacket, hat and sunscreen. 																
What to bring:	<ul style="list-style-type: none"> Food for the day as per normal (fruit, snacks and lunch) A refillable water bottle 																
House Points:	<ul style="list-style-type: none"> Students in all year levels will accumulate points for their house for participation as well as bonus points for houses who display good sportsmanship and for 'best house cheer.' Please note due to time constraints sprints and hurdles will be run as heats with times recorded. The top 4 times will be presented with ribbons at the end of the carnival. 																
Volunteer registration:	<ul style="list-style-type: none"> Parents/Helpers who would like to register as a volunteer on the day are asked to please complete the registration form: Volunteer Registration Form by Friday, 17 March 2023 Please read the Volunteer Expectations information. Please note Volunteers will need to be available for a briefing on the day of the event at 8.30am. 																
Photo/Videos:	<p>Photographs, films and other recordings of individuals are considered personal information, and as such are protected by privacy law.</p> <p>Parents and spectators are encouraged to photograph/record their own children only.</p>																
Other information:	Spectators are invited to attend the event however <u>must stay in designated areas</u> around the oval.																

DANIELLE CURTOIS

Physical Education

Wednesday, 8 March 2023