



## House Athletics (Year 3 to 6) - On the day information

### House Athletics Carnival - Year 3 to Year 6

Students and staff are really looking forward to a fun House Athletics Carnival for Year 3 to 6 on Friday, 24 March.

Here are some reminders for the day:

- Students should wear their house colours and hat.
- Please ensure students have appropriate running shoes and wear depending on the weather eg: a change of clothes and a warm jacket.
- All students need to have a refillable drink bottle.

### Program of events

9am-10.40am:	Sprints and Hurdles
10.40am - 11.25am:	BREAK 1
11.25am - 1.05pm:	Field event rotations (High Jump, Long Jump, Shot Put, Discus)
1.05pm - 1.50pm:	BREAK 2
1.50pm - 3pm:	Field event rotations (High Jump, Long Jump, Shot Put, Discus)

*\*Please note the times are approximates and may change at the discretion of the event organiser. This event may be canceled/postponed in extreme weather conditions that compromise student safety.*

### Age Groups

Please take note of the age groups which students will be competing in. This is based on the School Sport Victoria guidelines.

9/10 yr boys and 9/10 yr girls (born in 2013/2014, 2015 - younger year 3 students will be competing in this age group)

11 yr boys and 11 yr girls (born in 2012)

12/13 yr boys and 12/13 yr girls (born in 2010/2011)

*\*The 9/10 age groups have the most students thus some field rotations will be split into two groups and the results compared to determine final placings. Results from Physical Education lessons will be used if we do not have enough time to complete all rotations.*

### Ribbons

As this is a House event students are reminded that when they participate in their race they will earn valuable house points. The theme of the day is about having a go and representing their house while displaying the school values; positivity, persistence, pride, passion and purpose.

In track events where there is more than one heat, ribbons will be awarded based on times for the given age group. The top 4 students in each field event will receive a ribbon which will be handed out on the day if time permits.

### District Trials

This event will act as part of the selection trials for District Athletics. Times and distances from the carnival along with those completed during Physical Education lessons will help determine which students may progress to the District carnival.

### Spectators

We welcome spectators to come and cheer on the students. Please ensure you stay off the course during the running of the event to ensure the safety of all students and also stay clear of the results table to ensure staff can focus on their duty for the day. Students must stay in their designated house areas when they are not racing to support their peers.

*\*Please note if you plan on attending both sessions you will need to leave the school grounds during Break #1 - 10.40am to 11.25am. **There will be a coffee van in the staff car park during this time for your convenience.***

### Volunteers

Thank you to the volunteers who have already registered to assist. Please refer to the information that has been emailed to you directly.

Looking forward to another fun House event.

DANIELLE CURTOIS  
Physical Education  
Monday, 20 March 2023