

## House Cross Country - Whole School

Dear Parents/Carers,

As part of the Physical Education program, students in all classes will be participating in our House Cross Country Carnival.

<b>Date:</b>	Friday, 24 February 2023		
<b>Schedule:</b>  <i>Please note that the event organiser has the discretion to change the schedule and these times are only a guide.</i>	<b>Running Order/Age Groups</b>	<b>Distance (approx.)</b>	<b>Time slots</b>
	<b>Volunteers Briefing #1</b>		<b>8.30am - 9.00am</b>
	12/13yr Girls & Boys (students born 2010, 2011) 11yr Girls & Boys (students born 2012)	3000 metres	<b>9:05am - 10.40am</b>
	9yr/10yr Girls & Boys (students born - 2013, 2014)	2000 metres	
	<b>BREAK 1 (Volunteers Briefing #2)</b>		<b>10.40am - 11.25am</b>
	Foundation Girls & Boys	500 metres	<b>11.30am - 1pm</b>
	Yr 1 Girls & Boys	1000 metres	
	Yr 2 Girls & Boys Yr 3 Girls & Boys (students born in 2015)	1500 metres	
<b>Location:</b>	Cranbourne South Primary School oval/grounds		
<b>Volunteer registration:</b>	<ul style="list-style-type: none"> <li>Parents/Helpers who would like to register as a volunteer on the day are asked to please complete the registration form: <a href="#">Volunteer Registration Form</a> by <b>Friday, 17 February</b>.</li> <li>Please read the <a href="#">Volunteer Expectations information</a>.</li> <li>Please note Volunteers will need to be available for a briefing on the day of the event at either <b>8.30am</b> or <b>10.40am</b> depending upon the selected session you have volunteered for.</li> </ul>		
<b>House Points:</b>	Students in all year levels will accumulate points for their house as well as bonus points for houses who display good sportsmanship and the school values.		
<b>What to wear:</b>	<ul style="list-style-type: none"> <li>Students are encouraged to wear their house colours for the day.</li> <li>Please ensure students have appropriate running shoes and a water bottle.</li> <li>Please ensure students have appropriate wear depending on the weather eg: a change of clothes, a warm jacket, hat and sunscreen.</li> </ul>		
<b>Other information:</b>	<ul style="list-style-type: none"> <li>Spectators are invited to attend however must stay in designated areas around the course.</li> <li>This event acts as selection trials for District Cross Country (year 3 to 6 students only) and as such the distances match those that would be run at the next level.</li> <li>Reagan Forbes will be the teacher in charge of the event in the absence of Danielle Curtois.</li> </ul>		

**DANIELLE CURTOIS**

**Physical Education**

Wednesday, 8 February 2023