



Life Education - Talk About It - Parent Online Session

The Yr5 & Yr6 students will be participating in the Life education - Talk About It program in the coming weeks.

Life Education will be hosting an online parent information session for those who would like to find out more information about the program, or to answer any questions they may have.

Date:	Monday, 5 September 2022
Time:	6.30 - 7.30pm
Registration Details;	<p>Please register via the link below if you would like to attend the online session. https://www.lifeedvic.org.au/for-families/parent-webinars/sh</p> <p>Once you have registered you will receive an email from Life Education with the Zoom link.</p> <p><i>*Please note this session is also being offered to parents of one other school.</i></p>
Program Information:	<p>The 'Talk About It' program will be delivered by Life Education which offers content for Yr5 & Yr6 students that focuses on the social, emotional and physical changes associated with growing up and laying the foundation for healthy relationships now and in the future.</p> <p><i>Talk About It</i> is a sensitive and age-appropriate personal development program for students in primary school that focuses on:</p> <ul style="list-style-type: none">• <i>Identity</i>• <i>Diversity and inclusivity</i>• <i>Puberty changes</i>• <i>Protective behaviours and hygiene</i>• <i>Consent</i>• <i>Managing peer pressure</i>• <i>Building and maintaining healthy relationships</i> <p>All <i>Talk About It</i> sessions are held in the classroom by Life Education's specialist health educator and include interactive activities and worksheets.</p> <p>Additional information is also available via the Life Education website. https://www.lifesmarkkids.com.au/education/sexual-health</p> <p>This program is a part of the Health and Physical Education curriculum and we strongly encourage all students to participate.</p>

DANIELLE CURTOIS

Physical Vibe

Friday, 2 September 2022