



St John First Aid in Schools

Students will participate in a free First Aid session provided by the St John Ambulance First Aid in Schools Program.

Date:	Friday, 19 August 2022
About:	The knowledge and skills gained in the First Aid in Schools Program will develop First Aid awareness in school children and contribute to building a more resilient community. The learning is age-appropriate and integrates with the Victoria Curriculum.
Session Contents:	<p>The content for each year level is as follows:</p> <p>Foundation/Year 1 - Through a storybook, the children will see how Johnny Bear identifies an emergency, puts the Danger, Response and Send for help strategy into action and helps call 000 in an informative session. Students will learn the first aid chant that will help them remember what to do in an emergency.</p> <p>Year 2 - Students learn how to spot DANGER in an emergency, RESPOND accordingly and SEND for help. They will be guided on what number to call and act out a scenario to get them comfortable calling 000 in real life. Students will play a fun and interactive game as teams compete in the first aid quiz. By the end of the program, students will leave with essential skills and knowledge which they can call upon in an emergency situation.</p> <p>Year 3 & 4 - Students will revise 'DRS' which involves assessing for dangers, obtaining a response and calling Triple Zero. The main focus of this module will be demonstrating how to check airway and breathing and how to place a patient into the recovery position. Students will then apply the knowledge they have learnt through an interactive game based on the DRABC action plan.</p> <p>Year 5 & 6 - Reiterates the learning of standard modules 1 & 2, however incorporates a practical CPR component, guiding students through how to perform CPR and when it is required in a First Aid situation. Students will also participate in group problem-solving scenarios based on a variety of first aid situations allowing them to apply their knowledge.</p>

DANIELLE CURTOIS

Physical Vibe

Wednesday, 10 August 2022