



Swimming & Water Safety Program

Foundation - Yr 2

Dear Parent/Guardians,

As part of the Health and Physical Education curriculum, students in **Foundation, Year 1 & Year 2** will be attending a swimming and water safety program.

The program caters for all abilities and is taken in small groups by fully qualified instructors.



| | |
|---------------------------|---|
| Date: | Students will attend 5 sessions each being 45 minutes in duration. Monday: 11, 18 & 25 October & Wednesday: 20 & 27 October. |
| Venue: | Kingswim Langwarrin, 19-27 Northgateway, Langwarrin. The pool is 18m, indoor and heated, and boasts a state-of-the-art filtration system ensuring premium water quality for the swimmers. |
| Time: | Session times will be available once payments have been made and students are grouped according to ability. |
| Cost: | \$62.38 (five lessons, entrance fees, tuition fees and bus transport) <i>The Swimming in Schools initiative has allocated funding to Cranbourne South Primary School which allows the school to offer students a discounted cost to the 2021 Water Safety and Swimming program.</i> <ul style="list-style-type: none"> • The cost of \$62.38 can not be adjusted if all five lessons are not attended. • If the swimming and water safety program is unable to go ahead as planned, your account will be credited the amount paid. |
| Due: | Deposit due: \$32.38 on Wednesday, 1 September 2021 Balance due: \$30.00 on Wednesday, 15 September 2021 All payment and permission is to be made via QKR The full amount of \$62.38 <u>must</u> be paid before students attend their first lesson. No late payments will be accepted. |
| Transport: | Students will be travelling in a seat belted bus to Kingswim. |
| What to wear: | Students will need to ensure they have their <u>swimmers on underneath their school uniform.</u> They should pack a small bag containing their towel, goggles, swimming cap and change of underwear. Please make sure all belongings are labelled and students are capable of getting themselves dressed. |
| Other information: | Please find attached the Kingswim Survey. The Kingswim Survey is due by Wednesday, 15 September 2021. |

DANIELLE CURTOIS

Physical Vibe

Thursday, 12 August 2021



Kingswim Abilities Survey - Foundation - Yr 2

Monday: 11, 18 & 25 October & Wednesday: 20 & 27 October 2021

Please return by: Wednesday, 15 September 2021

Child's name: _____ Age: _____ Class: _____

My child currently has/had lessons at Kingswim. He/she is currently a K _____ level swimmer.

Please complete below only if your child is not a current Kingswim swimmer.

My child has had swimming lessons before: Yes / No

Provider name: _____ Current level: _____

Please tick

- K1 – Complete beginner.
- K2 – Can put face comfortably in the water, able to kick with a kickboard for several kicks.
- K3 – Can kick with a board for 3 metres with face in the water and
Can kick for 3 metres on their back with an aid.
- K4 – Can kick without a board in a rocket position for 6 metres and
Can kick on their back for 6 metres with no aid and
Can do Freestyle arms for 4 cycles.
- K5 – Can do Freestyle with a kickboard for 6 metres with side breathing and
Can do Backstroke independently for 6 metres.
- K6 – Can do Freestyle with correct breathing and Backstroke for 8 metres.
- K7 – Can do Freestyle and Backstroke for 16 metres continuously with good technique.
- K8 – Advanced Freestyle and Backstroke while having a basic grasp of Breaststroke.
- K9 – Advanced Freestyle and Backstroke and has Breaststroke technique.

Is there any other information we should know about your child?

(i.e. not confident in water where they are unable to touch the bottom of the pool and have their head above water)
